Utah System of Higher Education

The Gateway, Salt Lake City, UT 84101

801-646-4784

Home Health Aide	Course Description

Catalog Year: 2024, Required Hours: 300

Foundational Courses (Required Hours: 300, Credits: 10)		

Aligned (Required Hours: 300, Credits: 10)	Credits	Hours
TEHH 1110 Nurse Assistant & Home Health Aide	N/A	150.00

Nurse Assistant examines the holistic approach to safely caring for patients in a variety of settings While in this course, you will analyze how healthcare systems operate and how to function efficiently within a facility. You will also practice how to work on a healthcare team to meet the patient needs. After completing this course and passing a state certification examination, you will play an essential role on a healthcare team by observing, reporting, and performing skills studied within this course.

Objectives:
• Explore how to safely care for patients and residents in a variety of healthcare settings.
• Recognize the skills needed to pass the State of Utah Certified Nurse Assistant (C.N.A.) examination administered by UNAR.
• Identify the skills and knowledge necessary to be an essential part of the healthcare team and meet the needs of patients and residents.

TEHH 1510 Nurse Assistant & Home Health Aide Skill Lab	N/A	120.00

Nurse Assistant and Home Health Aide Skill Lab examines the holistic approach to safely caring for patients in a variety of settings While in this course, you will demonstrate and practice the skills necessary to provide patient care in a variety of healthcare settings including ling-term care, home care, and hospice. You will also practice how to work on a healthcare team to meet the patient needs. After completing this course and passing a state certification examination, you will play an essential role on a healthcare team by observing, reporting, and performing skills studied within this course.

Objectives:
• Demonstrate how to safely care for patients and residents in a variety of healthcare settings.
• Perform the skills needed to pass the State of Utah Certified Nurse Assistant (C.N.A.) examination administered by UNAR.
• Apply the skills and knowledge necessary to be an essential part of the healthcare team and meet the needs of patients and residents.

TEHH 1900 Nurse Assistant Certification Evaluation	N/A	30.00

The Nurse Assistant Certification Evaluation requires students to develop their hands-on skills before moving forward to the Utah Nurse Assisting Registry (UNAR) certification. This final evaluation will help prepare students for the skills that may be evaluated under UNAR guidelines. This preparation will include evaluation on hands-on skills associated with vital signs, beginning and ending procedures, communication, handwashing, basic safety, moving and positioning, restorative care, hygiene and grooming, nutrition, elimination, infection prevention, and end of life care.

Objectives:
• Categorize the structure of the healthcare system and the nursing assistant's role in the healthcare team.
• Develop an understanding of rehabilitation and restorative care and demonstrate competency with common assistive devices and equipment.
• Demonstrate professionalism, including an understanding of HIPAA and the nursing assistant's role in protecting privacy and confidential information.
• Employ communication skills necessary to function as a caregiver that are culturally sensitive.
• Identify personal and environmental infection control measures and minimize potential hazards that may occur in any care settings.
• Demonstrate how a Certified Nursing Assistant can make a patient/resident's environment comfortable, safe, and clean.
• Describe basic nutrition, intake and output, and diet necessities or food preferences.
• Explain the significance of OSHA, the Omnibus Budget Reconciliation Act (OBRA), and the role of the Utah Nursing Assistant Registry (UNAR).
• Demonstrate the skills needed to pass the State of Utah Certified Nurse Assistant (C.N.A.) examination administered by UNAR.