



Utah System of Higher Education
Esthetician
FY2024 / 16 Credits (600 Clock-Hours)

Foundational Courses

Aligned

TEES 1010 Foundations

1 Credit / 30 Clock-Hours

This course prepares students to enter the world of skin care, and natural nail care, by teaching the required skills for success in a competitive industry.

Objectives:

- Demonstrate communication skills and professional behavior.
- Develop the core skills of working in or building a spa business.

TEES 1020 Basic Theory I

4 Credits / 120 Clock-Hours

This course introduces the basic procedures of skin care. This includes an understanding of the basic structure, composition of the skin, and maintenance of healthy skin. Students will demonstrate and explain theory and practical application procedures associated with the basic needs of the skin.

Objectives:

- Identify the factors that influence aging of the skin.
- Recognize which skin disorders can be treated in the spa and which should be referred to a physician.
- Demonstrate proper set-up, cleaning, and disinfection during treatments.
- Perform various types of basic esthetic services.
- Demonstrate and explain basic theory, practical application, and procedures associated with basic skin care.
- Demonstrate and learn practical applications while working on course related content.
- Students will demonstrate competency through assignments, testing, and practical application.

TEES 1030 Basic Theory II

4 Credits / 120 Clock-Hours

This course introduces advanced topics, treatments, and nutritional effects of the skin. This includes basic hands-on techniques. Students will demonstrate and explain theory and practical application procedures associated with the basic needs of the skin.

Objectives:

- Demonstrate essential business skills.
- Communicate effectively with spa guests.
- Comprehend the importance of meeting industry standards of quality, professionalism, efficiency, sanitation, and safety in preparation for entering the esthetician industry.
- Demonstrate and explain basic theory, practical application, and procedures associated with basic skin care.
- Demonstrate and learn practical applications while working on course related content.
- Students will demonstrate competency through assignments, testing, and practical application.



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TEES 2991 Basic Clinical I

3 Credits / 135 Clock-Hours

This course applies the principles and practices learned in the Basic Theory I and II. Students will begin to provide spa services in a clinical setting. Students will provide a variety of services on spa guests and models.

Objectives:

- Demonstrate spa processes and etiquette.
- Communicate effectively with spa guests and colleagues.
- Demonstrate sanitation procedures.
- Safety and preparation for entering the esthetic industry.

TEES 2992 Basic Clinical II

3 Credits / 135 Clock-Hours

This course applies the principles and practices learned in the Basic Theory I and II. Students will perform a variety of services on spa guests. This course will help prepare students for client work and building a clientele.

Objectives:

- Demonstrate spa processes and etiquette.
- Communicate effectively with spa guests and colleagues.
- Demonstrate sanitation procedures.
- Safety and preparation for entering the Esthetic industry.
- Continue practical application and procedures on spa guests.

TEES 2993 Basic Clinical III

1 Credit / 60 Clock-Hours

This course applies the principles and practices learned in the Basic Theory I and II. Students will perform a variety of services on guests in a spa-like setting.

Objectives:

- Demonstrate spa processes and etiquette.
- Communicate effectively with spa guests and colleagues.
- Demonstrate sanitation procedures.
- Safety and preparation for entering the Esthetic industry.
- Continue practical application and procedures on spa guests.



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Supplemental Courses Varies by Institution

Davis Technical College

TEES 1935 Esthetics Clinical Practice I**1 Credit / 45 Clock-Hours**

In the esthetician clinicals, you will apply the principles and practices learned in the Esthetician I and II courses as you perform a variety of services on clients in the cosmetology salon. The clinical will help prepare you to pass the State of Utah licensure exams.

Objectives:

- Demonstrate practical interviewing, retailing, and marketing skills.
- Demonstrate spa processes and etiquette.
- Communicate effectively with spa guests and colleagues.
- Demonstrate proper sanitation procedures.
- Demonstrate safety and prepare to enter the Esthetic industry.
- Continue practical application and procedures on spa guests.

TEES 1100 Lash Extension Course**1 Credit / 30 Clock-Hours**

This course prepares students to apply semi-permanent lashes.

Objectives:

- Demonstrate proper sanitation for lash extension application.
- Demonstrate proper lash extension application.
- Demonstrate proper removal of lash extensions.
- Demonstrate proper fill of lash extension application.

TEES 1110 Advanced Waxing**1 Credit / 30 Clock-Hours**

In this course, you will learn to apply principles and practices learned in Basic Esthetics I, II, and III and Master Esthetics I, II, and III.

Objectives:

- Continue to build on basic waxing techniques.
- Demonstrate proper sanitation for hair removal.
- Demonstrate proper application of waxing techniques.
- Demonstrate proper removal of waxing techniques.