UTAH SYSTEM OF HIGHER EDUCATION

Utah System of Higher Education
Esthetician
FY2027 / 16 Credits (600 Clock-Hours)

Foundational Courses

TEES 1010 Foundations **1 Credit / 30 Clock-Hours**

This course prepares students to enter the world of skin care, and natural nail care, by teaching the required skills for success in a competitive industry.

Objectives:
• Demonstrate communication skills and professional behavior.
• Develop the core skills of working in or building a spa business.

TEES 1020 Basic Theory I **4 Credits / 120 Clock-Hours**

This course introduces the basic procedures of skin care. This includes an understanding of the basic structure, composition of the skin, and maintenance of healthy skin. Students will demonstrate and explain theory and practical application procedures associated with the basic needs of the skin.

Objectives:
• Identify the factors that influence aging of the skin.
• Recognize which skin disorders can be treated in the spa and which should be referred to a physician.
• Demonstrate proper set-up, cleaning, and disinfection during treatments.
• Perform various types of basic esthetic services.
• Demonstrate and explain basic theory, practical application, and procedures associated with basic skin care.
• Demonstrate and learn practical applications while working on course related content.
• Students will demonstrate competency through assignments, testing, and practical application.

TEES 1030 Basic Theory II **4 Credits / 120 Clock-Hours**

This course introduces advanced topics, treatments, and nutritional effects of the skin. This includes basic hands-on techniques. Students will demonstrate and explain theory and practical application procedures associated with the basic needs of the skin.

Objectives:
• Demonstrate essential business skills.
• Communicate effectively with spa guests.
• Comprehend the importance of meeting industry standards of quality, professionalism, efficiency, sanitation, and safety in preparation for entering the esthetician industry.
• Demonstrate and explain basic theory, practical application, and procedures associated with basic skin care.
• Demonstrate and learn practical applications while working on course related content.
• Students will demonstrate competency through assignments, testing, and practical application.

TEES 2991 Basic Clinical I **3 Credits / 135 Clock-Hours**

This course applies the principles and practices learned in the Basic Theory I and II. Students will begin to provide spa services in a clinical setting. Students will provide a variety of services on spa guests and models.

Objectives:
• Demonstrate spa processes and etiquette.
• Communicate effectively with spa guests and colleagues.
• Demonstrate sanitation procedures.
• Safety and preparation for entering the esthetic industry.

TEES 2992 Basic Clinical II **3 Credits / 135 Clock-Hours**

This course applies the principles and practices learned in the Basic Theory I and II. Students will perform a variety of services on spa guests. This course will help prepare students for client work and building a clientele.

Objectives:
• Demonstrate spa processes and etiquette.
• Communicate effectively with spa guests and colleagues.
• Demonstrate sanitation procedures.
• Safety and preparation for entering the Esthetic industry.
• Continue practical application and procedures on spa guests.

TEES 2993 Basic Clinical III **1 Credit / 60 Clock-Hours**

This course applies the principles and practices learned in the Basic Theory I and II. Students will perform a variety of services on guests in a spa-like setting.

Objectives:
• Demonstrate spa processes and etiquette.
• Communicate effectively with spa guests and colleagues.
• Demonstrate sanitation procedures.
• Safety and preparation for entering the Esthetic industry.
• Continue practical application and procedures on spa guests.