

#### **Utah System of Higher Education**

Nursing Assistant (two courses) FY2026 / 3 Credits (114 Clock-Hours)

### Foundational Courses

# **TENA 1110 Nursing Assistant**

3 Credits / 90 Clock-Hours

The Nursing Assistant course introduces students to basic nursing skills in a classroom and laboratory setting. This course includes 24 hours of clinical experience.

#### Objectives:

- Explain activities of daily living and nursing assistant scope of practice.
- Describe how critical criteria such as recognizing and reporting, communication, infection control, safety, and residents' rights are applied in the care setting.
- Demonstrate proficiency in all skills required for state certification.
- · Perform nursing assistant skills in a healthcare setting.

## **TENA 1900 Nursing Assistant Clinical**

0.5 Credits / 24 Clock-Hours

Clinical experience of 24 hours under the direct supervision of a licensed nurse.

#### Objectives:

- Demonstrate the critical criteria (recognizing and reporting, communication, infection control, safety, and resident's rights) as applied in the care setting.
- Perform nursing assistant skills in a healthcare setting.

# **Supplemental Courses Varies by Institution**

## Mountainland

# **TENA 1200 Comprehensive Skills Practice**

1 Credit / 30 Clock-Hours

The Comprehensive Skills Practice course supplements practice of basic nursing skills to enable students to pass the requirements for state certification.

#### Objectives:

- Certify in Basic Life Support for the Healthcare Provider through the American Heart Association.
- Certify in Heartsaver First Aid through the American Heart Association
- Demonstrate career readiness and soft skills to enter the workforce.
- Participate in additional hands-on practice and development.