



Utah System of Higher Education
Nursing Assistant (two courses)
FY2026 / 3 Credits (114 Clock-Hours)

Foundational Courses

TENA 1110 Nursing Assistant **3 Credits / 90 Clock-Hours**

The Nursing Assistant course introduces students to basic nursing skills in a classroom and laboratory setting.

Objectives:

- Explain activities of daily living and nursing assistant scope of practice.
- Describe how critical criteria such as recognizing and reporting, communication, infection control, safety, and residents' rights are applied in the care setting.
- Demonstrate proficiency in all skills required for state certification.

TENA 1900 Nursing Assistant Clinical **0.5 Credits / 24 Clock-Hours**

Clinical experience of 24 hours under the direct supervision of a licensed nurse.

Objectives:

- Demonstrate the critical criteria (recognizing and reporting, communication, infection control, safety, and resident's rights) as applied in the care setting.
- Perform nursing assistant skills in a healthcare setting.

Supplemental Courses Varies by Institution

Mountainland

TENA 1200 Comprehensive Skills Practice **1 Credit / 30 Clock-Hours**

The Comprehensive Skills Practice course supplements practice of basic nursing skills to enable students to pass the requirements for state certification.

Objectives:

- Certify in Basic Life Support for the Healthcare Provider through the American Heart Association.
- Certify in Heartsaver First Aid through the American Heart Association
- Demonstrate career readiness and soft skills to enter the workforce.
- Participate in additional hands-on practice and development.