



UTAH SYSTEM OF  
HIGHER EDUCATION

**Utah System of Higher Education**  
Nursing Assistant (one course)  
FY2026 / 3 Credits (114 Clock-Hours)

## Foundational Courses

### TENA 1100 Nursing Assistant

**3 Credits / 114 Clock-Hours**

The Nursing Assistant course introduces students to basic nursing skills in a classroom and laboratory setting. This course includes 24 hours of clinical experience.

#### Objectives:

- Explain activities of daily living and nursing assistant scope of practice.
- Describe how critical criteria such as recognizing and reporting, communication, infection control, safety, and residents' rights are applied in the care setting.
- Demonstrate proficiency in all skills required for state certification.
- Perform nursing assistant skills in a healthcare setting.