



**Utah System of Higher Education**  
Firefighter  
FY2025 / 12 Credits (360 Clock-Hours)

## Foundational Courses

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**TEFF 1100 Introduction to Fire** **1 Credit / 30 Clock-Hours**

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The Introduction to Fire course is an introduction to the complex, challenging, and unforgiving environments firefighters find themselves in every day. Safety is a primary concern throughout their entire career. The 16 Firefighter Life Safety Initiatives, which were created to ensure firefighters return home safely after every shift, will be covered. Students will exercise together and must pass a physical fitness test at the conclusion of this course.

Objectives:

- Explain fire service history.
- Contrast between career versus volunteer positions.
- Evaluate and apply concepts of risk management and mitigation.

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**TEFF 1200 Firefighter** **11 Credits / 330 Clock-Hours**

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The firefighter course begins your career as a professional firefighter! A sample of the hands-on skills include the following: placing ground ladders, pulling hose, cutting ventilation holes, searching for victims, handling car fires, vehicle extrication, and live fire evolutions. These nationally-accredited certifications are recognized outside of Utah with many of our graduates working in other states.

Objectives:

- Identify a fire emergency.
- Demonstrate proper deployment of hoses and connection to water supply.
- Demonstrate effective fire suppression techniques.
- Determine offensive or defensive fire attack.
- Conduct, salvage, and overhaul.
- Demonstrate how to use the NFIRS (National Fire Incident Reporting System).